

# FACT SHEET FOR RECIPIENTS

Adaptive Biotechnologies Corporation  
T-Detect COVID Test

September 2, 2021

Coronavirus  
Disease 2019  
(COVID-19)

You are being given this Fact Sheet because your sample is being tested or was tested for an adaptive T-cell immune response to the virus that causes Coronavirus Disease 2019 (COVID-19) using the T-Detect COVID Test.

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**You should not interpret the results of this test to indicate the presence or absence of immunity or protection from COVID-19 infection.**

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This Fact Sheet contains information to help you understand the risks and benefits of using this test to evaluate your adaptive immune response to SARS-CoV-2, the virus that causes COVID-19. After reading this Fact Sheet, if you have questions or would like to discuss the information provided, please talk to your healthcare provider. You have the option to refuse use of this test. However, your doctor may be recommending this test because they believe it could help with your care.

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**For the most up to date information on COVID-19 please visit the CDC Coronavirus Disease 2019 (COVID-19) webpage:**

<https://www.cdc.gov/COVID19>

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## What is COVID-19?

COVID-19 is caused by the SARS-CoV-2 virus which is a new virus in humans causing a contagious respiratory illness. COVID-19 can present with a mild to severe illness, although some people infected with COVID-19 may have no symptoms at all. Older adults and people of any age who have underlying medical conditions have a higher risk of severe illness from COVID-19. Serious outcomes of COVID-19 include hospitalization and death. The SARS-CoV-2 virus can be spread to others not just while one is sick, but even before a person shows signs or symptoms of being sick (e.g., fever,

coughing, difficulty breathing, etc.). A full list of symptoms of COVID-19 can be found at the following link: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>.

## How are people tested for COVID-19?

Two main kinds of tests are currently available for COVID-19: diagnostic tests and adaptive immune response tests.

- A diagnostic test tells you if you have a current infection.
- An adaptive immune response test tells you if you may have had a previous infection

## What is the T-Detect COVID Test?

This test is similar to an antibody test in that it measures your adaptive immune response to SARS-CoV-2, the virus that causes COVID-19. However in this case it specifically measures your adaptive **T-cell** immune response, not antibodies. T-cells are a type of white blood cells that help fight infections. It will help assess if you have had a recent or prior infection with SARS-CoV-2. This test may not be able to show if you have a current infection, because it can take several days after infection to develop an adaptive T cell immune response and the immune response may last longer than the COVID-19 infection.

## What are the known and potential risks and benefits of the test?

Potential risks include:

- Possible discomfort or other complications that can happen during sample collection.
- Possible incorrect test result (see below for more information).

Potential benefits include:

- The results, along with other information, can help your healthcare provider make informed recommendations about your care.

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- **Where can I go for updates and more information?** The most up-to-date information on COVID-19 is available at the CDC General webpage: <https://www.cdc.gov/COVID19>. In addition, please also contact your healthcare provider with any questions/concerns.
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## What does it mean if I have a positive test result?

If you have a positive test result, it is possible that you have or previously had COVID-19 and that you have developed an adaptive T cell immune response to the virus. It is currently unknown if a positive test result may also occur after receipt of a COVID-19 vaccine.

However, the meaning of a positive result in individuals who received a COVID-19 vaccine is unknown. Your healthcare provider will work with you to determine how best to care for you based on the test results along with other factors of your medical history, your symptoms, possible exposures, and geographic location of places you have recently traveled.

There is also a chance that this test can give a positive result that is wrong (a false positive result). Even a high-performing test when used in a population without many cases of COVID-19 infection may produce as many or more false results as true results because the likelihood of finding someone who has been infected is very small.

Your healthcare provider will work with you to determine the likelihood of false result.

***At this time, it is unknown how long the T-cell immune response persists following infection. It is not known whether having an adaptive T-cell immune response to SARS-CoV-2 will protect you from getting infected or help reduce the severity or duration of a future COVID-19 infection.***

***Regardless of your test result, you should continue to follow CDC guidelines to reduce the risk of infection, including social distancing and wearing masks.***

## What does it mean if I have a negative test result?

A negative test result means that an adaptive T-cell immune response to the virus that causes COVID-19 were not found in your sample. However, it is possible for this test to give a negative result that is incorrect (false negative) in some people with COVID-19. Additionally, a negative result may occur if you are tested early in your illness and your body hasn't had time

to produce an adaptive T-cell immune response to the infection. This means that you could possibly still have or have had COVID-19 even though the test is negative. If this is the case, your healthcare provider will consider the test result together with all other aspects of your medical history (such as symptoms, possible exposures, and geographical location of places you have recently traveled) in deciding how to care for you.

The meaning of a negative test result for individuals that have received a COVID-19 vaccine is unknown.

It is important that you work with your healthcare provider to help you understand the next steps you should take.

## Is this test FDA-approved or cleared?

No. This test is not yet approved or cleared by the United States FDA. When there are no FDA-approved or cleared tests available, and other criteria are met, FDA can make tests available under an emergency access mechanism called an Emergency Use Authorization (EUA). The EUA for this test is supported by the Secretary of Health and Human Service's (HHS's) declaration that circumstances exist to justify the emergency use of in vitro diagnostics for the detection and/or diagnosis of the virus that causes COVID-19. This EUA will remain in effect (meaning this test can be used) for the duration of the COVID-19 declaration justifying emergency of IVDs, unless it is terminated or revoked by FDA (after which the test may no longer be used).

## What are the approved alternatives?

There are no approved available alternative tests. FDA has issued EUAs for other tests that can be found at: <https://www.fda.gov/emergency-preparedness-and-response/mcm-legal-regulatory-and-policy-framework/emergency-use-authorization>.

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